# Everything you need is right here.





New things. Cashback. More perks. Great network. Awesome partners. Wellness. For you.









### This is a brand new health insurance plan focused on making you healthy by rewarding you for taking care of yourself.

#### HERE ARE SOME KEY TERMS YOU SHOULD KNOW

#### CONTRIBUTION

The amount you pay to the insurance company to provide you with coverage and protection. With SALAMA Wellx, your overall cost of insurance reduces based on your engagement and activity levels.

#### CO-PAY

A copay is a fixed out-of-pocket amount paid by you for covered services. Wellx plans have set percentages of co-pay for various benefits such as diagnostics, medicines, physiotherapy, etc. Refer to the Table Of Benefits for more details.

#### NETWORK

The network represents a list of hospitals and clinics you can access without having to file for a reimbursement claim. Your network is the main differentiating factor between the various SALAMA Wellx plans.

#### TPA

The Third Party Administrator (TPA) is a company that works on behalf of the insurance company to make the claims process easy and simple for everyone. Your TPA is Mednet. Mednet offers you various benefits like home delivery of medicines, telemedicine services, ability to check your network, ability to file a claim digitally, etc.

#### CASH BACK

The rewards you will receive for completing your health and wellness goals. The monthly amount depends on the plan you have and your step goals. Refer to the "Cashback Benefit" table in the Table Of Benefits for more details.

#### DEDUCTIBLE

The amount you pay per claim for covered health care services before your insurance plan starts to pay. For SALAMA Wellx products, this is typically capped at AED 50.

#### TABLE OF BENEFITS

The Table of Benefits (TOB) is a document that outlines all the benefits that are a part of your health insurance policy. The TOB is your go-to resource when trying to understand the details of your insurance.

#### REIMBURSEMENT

For certain claims, you may need to Fulfill first and the request the insurance company to pay you back. This is called Reimbursement. This will typically happen if you visit a clinic or hospital that is out of network or for certain unique benefits. Check the TOB for more details.





#### MAJOR CONSIDERATIONS



Annual Aggregate Limit	AED 1,000,000	The maximum amount you can claim in a year.
Geographical Scope of Coverage for Elective & Emergency Treatment	Worldwide	Geographical areas where you are eligible for treatment.
Coverage Criteria for Treatment outside UAE	Coverage outside UAE is limited to 90 days per treatment A single holiday or business trip may not exceed 90 days	When outside the UAE, you must ensure your trip is less than 90 days for coverage to remain active.
Network Applicable	Mednet – Gold, Silver Premium, Silver Classic, Emerald, Green, Silk Road	The network defines UAE clinics and hospitals where you can get your treatment.
Underwriting terms and coverage criteria for Pre-existing, Chronic conditions:	<ul> <li>All pre-existing medical conditions should be declared in the Medical Application Form and is subject to medical underwriting.</li> <li>All declared Pre-existing and Chronic conditions are covered with a sub limit of AED 150,000/-</li> <li>Undeclared pre-existing conditions will not be covered during the policy period and will be underwritten at renewal.</li> </ul>	Make sure you let us know of any conditions you are suffering from. Not doing so will make it very difficult for the insurer to support you if you fall sick.

#### **IN-PATIENT BENEFIT**

Hospitalisation Class	Private Room	The kind of room you get access to in case of hospitalisation
Hospital Accommodation and related Services	Covered	Covered under all Wellx plans
Intensive care unit and coronary artery disease treatment	Covered	Covered under all Wellx plans
Consultant's, Surgeon's and Anaesthetist's Fees	Covered	Covered under all Wellx plans
Various therapies including physiotherapy, chemotherapy, radiation therapy etc	Covered	Covered under all Wellx plans
Recipient Organ transplantation service, excluding any charges related to Donor	Covered	Covered under all Wellx plans





Use of hospital medical equipments (e.g. heart and lung support systems etc.)	Covered	Covered under all Wellx plans
Ambulance Services (in Medical Emergency only and if followed by admission)	Covered	Covered under all Wellx plans
Companion Room & Board expenses for Beneficiary below 16 years of age	Covered	Insurer will provide AED 100 in reimbursement accommodation for a
The cost of accommodation of a person accompanying a beneficiary below 16 years of age in the same room in cases of medical necessity at the recommendation of the treating doctor and with prior approval	Covered maximum up to 100 AED per night	dependent or beneficiary (like a son or daughter)
Repatriation costs for the transport of mortal remains to the country of origin	Covered up to AED 7,500 /-	Covered under all Wellx plans

#### OUT-PATIENT BENEFIT

Physician Consultation	Covered with Co-pay of 20% max 50 per consultation/ 10% Co-pay / 20% Co-pay	For a consultation, you must pay the first AED 50 of physician fees.
Diagnostics and Laboratory Tests	Covered with 0-20% co-pay	You will be responsible for paying up to 20% of each claim
Pharmaceuticals	Covered with 0-30% co-pay	You will be responsible for paying up to 30% of each claim
Physiotherapy (Require pre- authorization)	Covered with 0-20% co-pay Covered up to 15 sessions/ Per member Per year	You will need to get in touch with Mednet for approval before you can use physiotherapy sessions.

#### OTHER SALIENT BENEFITS

Day care treatment	Covered	Covered under all Wellx plans
Out-patient surgery	Covered	Covered under all Wellx plans
Emergency mental health treatments	Covered	Covered under all Wellx plans
Work related injuries	Covered	Covered under all Wellx plans





Emergency Dental treatment for accidental damage to natural teeth Newborn baby coverage	Under this benefit the treatment required within three months following accidental damage to sound natural teeth caused by a violent external means when the treatment is given by a Physician, dentist or dental surgeon is covered.	No treatment will be covered after 3 months of the accident. Treatment required as the result of the consumption of food or drink or any foreign bodies contained in such food or drink is not covered.
	Newborn expenses are covered from Date of Birth under the mother's card for the first 30days from date of birth with a sublimit of AED 150,000/ Newborn babies will be added to the principle policy only upon requested by the policy holder and is subject to Medical underwriting.	line with DHA benefit guidelines.
Preventive services covered for members over 18 years of age	Diabetic Screening: Fasting Blood Sugar and HBA1C tests are covered once a policy year for eligible members	Prior Approval is required for Free Access facility
Cancer Treatment: Screening, healthcare services, investigations and treatments only for members who are enrolled under "Patient Support Program" only HCV Hepatitis C Virus Infection: Screening, healthcare services, investigations and treatments related to viral Hepatitis and associated complications related to Hepatitis C shall only be for members enrolled under Patient Support Program.	Covered as per terms, conditions and exclusions of the program defined by DHA	Mandatory for Dubai visa holders only
Hearing and vision aids, and vision correction by surgeries and laser	Covered only in cases of medical emergencies	Covered under all Wellx plans





MedNet's Global Emergency Assistance services coverage through Assist America	<ul> <li>No Financial limitations applicable under this benefit</li> <li>Worldwide Emergency Medical Evacuation</li> <li>Worldwide Hospital Admission Assistance</li> <li>Repatriation of mortal remains to home country from anywhere in the</li> <li>world, including country of residence.</li> <li>Medical Consultation, Evaluation, Referral &amp; Monitoring - Care of minor children &amp; Compassionate visit</li> </ul>	For detailed information please refer Assist America Table of Benefit
Inpatient & Outpatient coverage includes: 1. Pre & Post-natal treatments 2. Normal delivery 3. Medically necessary Caesarean Section 4. Maternity related Complications 5. Medically necessary legal terminations	<ul> <li>Normal Delivery expenses are covered up to a sub limit of AED 10,000/-</li> <li>Medically necessary Caesarean Section and complication expenses are covered up to a sub limit of AED 10,000/-</li> <li>Any Medical Emergency expenses related to Maternity will be covered up to a sublimit of AED 150,000/-</li> <li>Out Patient eligible Maternity expenses are covered up to Annual limit</li> <li>10% co-payment applicable on all Maternity treatments, including out- patient Maternity consultation (no Deductible applies)</li> <li>The following screening tests are covered as per DHA Antenatal care protocol:         <ul> <li>FBC and Platelets</li> <li>Blood group, Rhesus status and antibodies</li> <li>VDRL</li> <li>MSU &amp; urinalysis</li> <li>Rubella serology</li> <li>HIV</li> <li>Hepatitis C offered to high-risk patients o GTT, if high risk</li> <li>FBS, Random blood sugar OR HbA1C</li> <li>Ultrasonography: 3 scans</li> </ul> </li> </ul>	In-patient maternity treatment are subject to prior approval
Alternative Medicine Benefit covers: Osteopathy, Chiropractic, Homeopathy, Acupuncture, Ayurveda and Herbal Treatments	Covered up to AED 1,600/- PMPY	Only on reimbursement basis
Vaccination Covered as per MOH schedule (Require pre-authorization)	Covered both on *Free Access & reimbursement basis Reimbursements claims are settled at 100% of actual covered cost subject to maximum of 100% of Applicable Network rates	Free Access facility is available only within specific MedNet Vaccination Network



#### **DENTAL BENEFITS**



Free Access - Covered with pre-authorization only - Co-payment 20% applicable 'Reimbursement* - Additional 20% co-payment applicable over free access *No reimbursement for Silk Road NW inside UAE.	Covered with annual sub-limit of AED 3,500	When the provider is inside the network, you must pay 20% of dental treatment bill as co-pay. When the provider is outside the network, you must pay 40% of dental treatment bill as co-pay.
Dental Consultation	Covered	Covered under all Wellx plans
Tooth Extraction	Covered	Covered under all Wellx plans
Scaling & Polishing	Covered	Covered under all Wellx plans
Tooth filling	Covered	Covered under all Wellx plans
Root Canal Treatment (R.C.T)	Covered	Covered under all Wellx plans
Crown	Covered if followed by a Root Canal Treatment	Covered under all Wellx plans
X- Ray	Covered	Covered under all Wellx plans
Medications Antibiotics, Analgesics, Antacids, Enzyme preparations (Edema reductions), Vitamins	Covered	Covered under all Wellx plans
Medications exclusion Mouth wash, toothpaste, dentures cleaning agents, desensitising agents, anti-septic	Not Covered	
Anaesthesia - L. Anaesthesia - G. Anaesthesia	Covered Not covered	For standard treatments, Local Anaesthetic is covered, by General Anaesthetic is not
Orthodontics	Not covered	

#### CLAIM SETTLEMENT TERMS (WHAT IS PAID BY THE INSURER)

**Elective Treatment** 

Free Access (Network)

Covered if the chosen provider is available in the selected Network





	Reimbursement (Non-Network)	Reimbursement in SEA: - 100% of actual covered cost subject to maximum of 100% of UAE applicable network rates Reimbursement elsewhere within territorial scope of cover*: - 80% of Actual Covered Cost subject to maximum of 80% of UAE Applicable Network rates *No Elective treatment reimbursement for Silk Road Network inside UAE.
Emergency Treatment	Free Access (Network)	100% of Actual Covered Cost
	Reimbursement (Non-Network)	

#### CASH-BACK BENEFIT

Upfront Cashback	5% of paid Premium	5% of premium paid to customer as a Amazon
		voucher on sign-up with WHOOP or STEPPI (Wellx
		ecosystem partners)

Daily Steps	Wellx (AED)	Wellx Plus (AED)	Wellx Pro (AED)
5,000	25	75	125
10,000	50	100	150
15,000	75	125	200

\*You can set your own daily goal and join the appropriate challenge to be tracked on Steppi.

In addition, you have an option to replace daily steps with either one of the below Wellx ecosystem engagements;

Countd	2 healthy meals
Motivnation / Fitlov	1 session
Life Coach	30 min = 1 day goal Full program = Monthly Goal

Our eco-system of wellness partners continues to grow! Keep visiting <u>www.wellx.ai</u> for updates.

\*Note: Achievement of goals for 20 Days in a calendar month qualifies for Cash back.





## Stay Wellx

### How SALAMA Wellx Plan works?

Select a goal to pursue within the first 10 days of every month to start tracking your progress.

Goals (Steps)	wellx	wellx pro	wellx <sup>plus</sup>
5,000	25	75	125
10,000	50	100	150
15,000	75	125	200

You can set your own daily goal and join the appropriate challenge to be tracked on Steppi.





Thank you for purchasing SALAMA Wellx Insurance

A pre-requisite for starting to

Application and register using

<**Policy Number**>@**wellxai.com** Eg: If your policy number is 1234, the code will be 1234@wellxai.com

If you own a WHOOP Band or purchase one from Wellx, download

the WHOOP Application and email

on how to connect your WHOOP to

your Wellx health insurance policy.

us on whoop@wellxai.com for details

earn cash-back is to

download the STEPPI

the code:

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On confirmation of all documents and issuance of policy, you will receive an email from Salama with the following: Invoice Policy Schedule Wellx Onboarding Pack Table of Benefits Network List Wellness Ecosystem Instructions on how to join Partner Apps Mednet Instructions



Choose between 5k, 10k or 15k steps per day for atleast 20 days of the month to start earning cashback on your achievements.

Make sure you select your challenge using the STEPPI App within the first 10 days of each month.



Make sure you complete your goals atleast 20 days of the month to avail your cashback



Receive a cashback in the form of an Amazon voucher within 60-45 days in your email sent by Wellx.

Make sure you select a goal within the first 10 days of the month to qualify and receive cashback as per Table of Benefits.

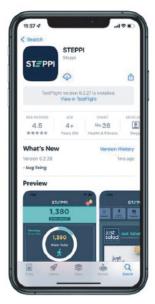
Work your way towards a total of 8% cashback for the year.







## Joining **STEPPI**



1. Download **STEPPI** from the App, Play or Huawei app stores



4. Enter your Welk code in the organisational login **fi**eld



2. Sign in or create an account



5. Set daily activity targets via the home screen



3. Pair wearable device of smartphone



6. Join exclusive Wellx challenges from "my challenges" tab







## Welcome to the world of Wellx WHOOP®.

Let's get you started with your new digital health coach and start getting rewarded for improving your sleep, recovery and strain!



The Wellex Plan come with a free annual subscription to WHOOP 4.0. However, if your plan did not come with a WHOOP, and you want to enjoy the power of the most comprehensive fitness tracker in the world, you can still buy one from our website and avail an AED 100 discount using the code **SALAMA100** 



Please make sure your battery for the WHOOP is charged before trying to activate it. Once the device is fully charged, download the WHOOP application from your respective APP Store and follow the instructions.



The WHOOP app has 3 proprietary scores: Recovery, Strain and Sleep. The Al coach will kick in after 14 days of understanding your lifestyle. Once a quarter, you will be invited to a private event with the WHOOP team, to learn more about the device and #UnlockYourPotential. Stay connected to get the best results!



You're ALL SET! Start tracking your progress on the WHOOP App and keep on top of your fitness goals and earn cash back every time you hit those goals ! \*Note: Cash-back not applicable on the Wellx Performance Plan



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